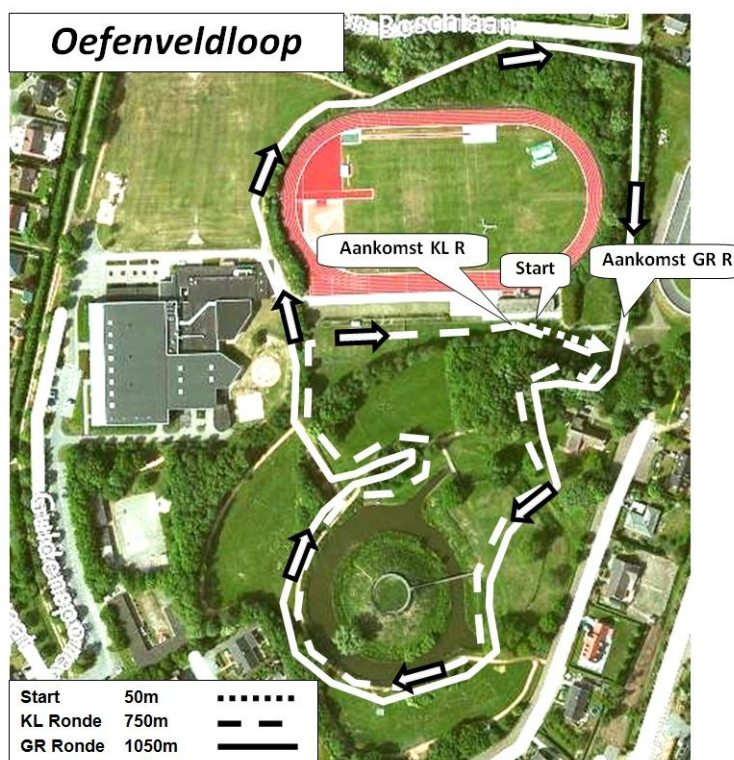


UURROOSTER EN OMLOOP



14.00 u	KAN/BEN Meisjes	S + KL R = 800 m
14.10 u	KAN/BEN Jongens	S + KL R = 800 m
14.20 u	PUP Meisjes	S + KL R = 800 m
14.30 u	PUP Jongens	S + KL R = 800 m
14.40 u	MIN Meisjes	S + 2 KL R = 1550 m
14.50 u	MIN Jongens	S + 2 GR R = 2150 m
15.00 u	PARKLOOP JOGGING	S + 2 GR R = 2150 m S + 3 GR R = 3200 m S + 4 GR R = 4250 m
15.30 u	CAD Dames	S + 2 GR R = 2150 m
15.40 u	CAD Heren	S + 3 GR R = 3200 m
15.50 u	KORTE CROSS Dames SCHOL Dames JUN - MAS Dames SEN Dames	S + 2 GR R = 2150 m S + 3 GR R = 3200 m S + 3 GR R = 3200 m S + 4 GR R = 4250 m
16.15 u	KORTE CROSS Heren SCHOL Heren JUN - MAS Heren SEN Heren	S + 2 GR R = 2150 m S + 4 GR R = 4250 m S + 5 GR R = 5300 m S + 6 GR R = 6350 m